



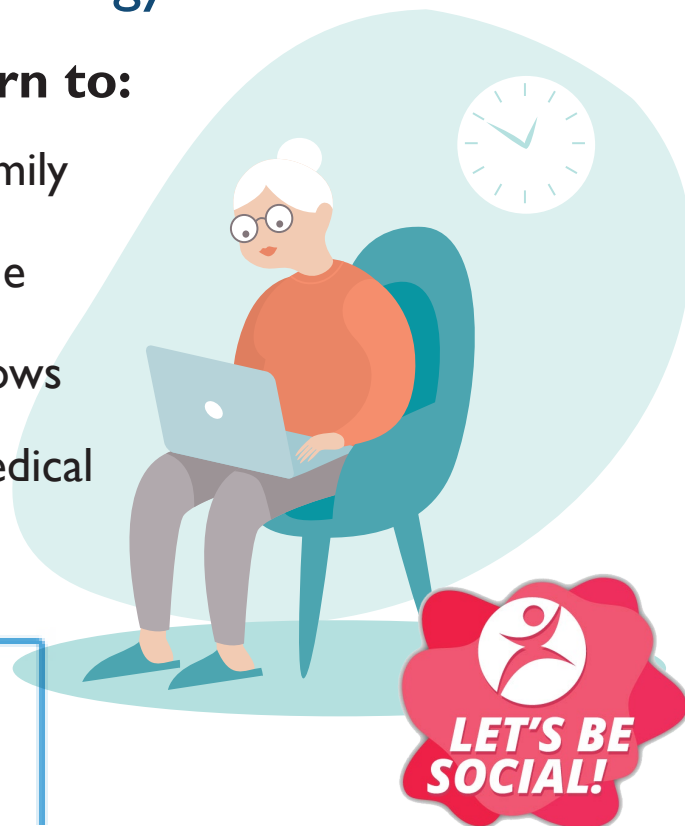
**Do you need help using your smartphone, tablet, or computer?**

**WE CAN HELP!**

*Cyber-Seniors* Technology Mentors are young people who have been trained to teach technology to older adults.

**With a Mentor's help you can learn to:**

- Set up a video call with friends and family
- Order groceries and medication online
- Stream movies, musicals and news shows
- Schedule video appointments with medical professionals



To register for FREE online instruction or to schedule FREE one-on-one help over the phone or via video calls contact:

**Cyber Seniors**

Call **1-844-217-3057**

Email [info@cyberseniors.org](mailto:info@cyberseniors.org)

or go to our website at

[www.cyberseniors.org](http://www.cyberseniors.org)

